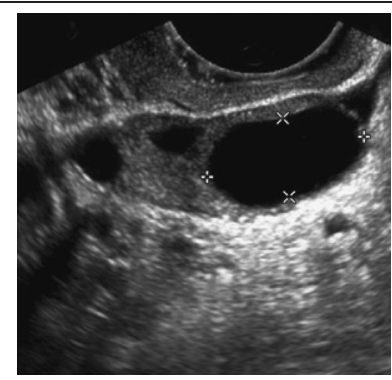
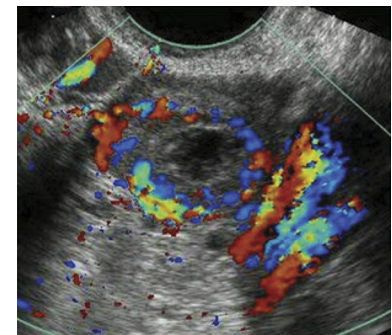
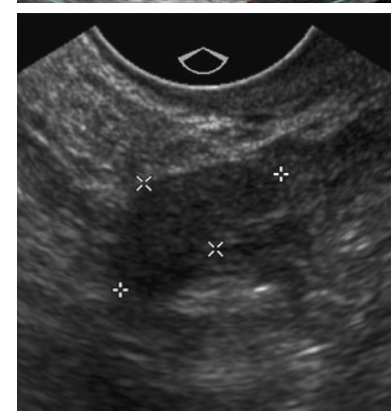

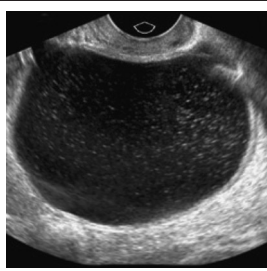
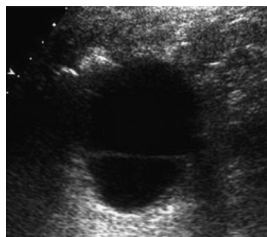
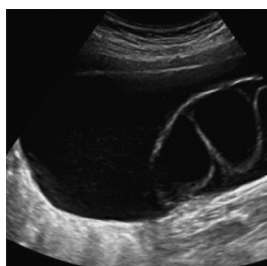
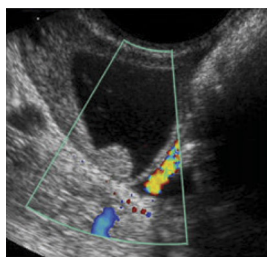
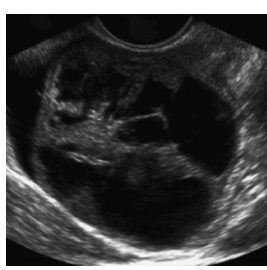
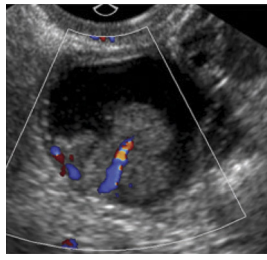


Normal Appearance		Follow-Up*	Comments
<p>Normal ovary appearance: Reproductive age Follicles</p> <ul style="list-style-type: none"> <li>• Thin and smooth walls</li> <li>• Round or oval</li> <li>• Anechoic</li> <li>• Size <math>\leq 3</math> cm</li> <li>• No blood flow</li> </ul>		<p>Not needed</p>	<p>Developing follicles and dominant follicle <math>\leq 3</math> cm are normal findings</p>
<p>Normal ovary appearance: Reproductive age Corpus luteum</p> <ul style="list-style-type: none"> <li>• Diffusely thick wall</li> <li>• Peripheral blood flow</li> <li>• Size <math>\leq 3</math> cm</li> <li>• +/- internal echoes</li> <li>• +/- crenulated appearance</li> </ul>		<p>Not needed</p>	<p>Corpus luteum <math>\leq 3</math> cm is a normal finding</p>
<p>Normal ovary appearance: Postmenopausal</p> <ul style="list-style-type: none"> <li>• Small</li> <li>• Homogenous</li> </ul>		<p>Not needed</p>	<p>Normal postmenopausal ovary is atrophic without follicles</p>
<p>Clinically inconsequential: Postmenopausal Simple cysts <math>\leq 1</math> cm</p> <ul style="list-style-type: none"> <li>• Thin wall</li> <li>• Anechoic</li> <li>• No flow</li> </ul>		<p>Not needed</p>	<p>Small simple cysts are common; cysts <math>\leq 1</math> cm are considered clinically unimportant</p>

Summary of recommendations for management of asymptomatic ovarian and other adnexal cysts. \* = Follow-up recommendations are for US, unless otherwise indicated. \*\* = Some practices may choose a threshold size slightly higher than 1 cm before recommending yearly follow-up. Practices may choose to decrease the frequency of follow-up once stability or decrease in size has been confirmed.

Cysts with benign characteristics	Follow-Up*	Comments
<p>Simple cysts (includes ovarian and extraovarian cysts)</p> <ul style="list-style-type: none"> <li>• Round or oval</li> <li>• Anechoic</li> <li>• Smooth, thin walls</li> <li>• No solid component or septation</li> <li>• Posterior acoustic enhancement</li> <li>• No internal flow</li> </ul>	<p>Reproductive age:                      ≤ 5 cm: Not needed                      &gt; 5 &amp; ≤ 7 cm: Yearly                      Postmenopausal (PM):                      &gt; 1 &amp; ≤ 7 cm: Yearly**                      Any age:&gt; 7 cm: Further imaging (e.g., MRI) or surgical evaluation</p>	<p>Simple cysts, regardless of age of patient, are almost certainly benign                      For cysts ≤ 3 cm in women of reproductive age, it is at discretion of interpreting physician whether to describe them in imaging report</p>
<p>Hemorrhagic cyst</p> <ul style="list-style-type: none"> <li>• Reticular pattern of internal echoes</li> <li>• +/- Solid appearing area with concave margins</li> <li>• No internal flow</li> </ul>	<p>Reproductive age:                      ≤ 5 cm: Not needed                      &gt; 5 cm: 6–12 week follow-up to ensure resolution                      Early PM:                      Any size: Follow-up to ensure resolution                      Late PM: Consider surgical evaluation</p>	<p>Use Doppler to ensure no solid elements                      For cysts ≤ 4 cm in women of reproductive age, it is at the discretion of interpreting physician whether to describe them in imaging report</p>
<p>Endometrioma</p> <ul style="list-style-type: none"> <li>• Homogeneous low level internal echoes</li> <li>• No solid component</li> <li>• +/- Tiny echogenic foci in wall</li> </ul>	<p>Any age:                      Initial follow-up 6–12 weeks, then if not surgically removed, follow-up yearly</p>	
<p>Dermoid</p> <ul style="list-style-type: none"> <li>• Focal or diffuse hyperechoic component</li> <li>• Hyperechoic lines and dots</li> <li>• Area of acoustic shadowing</li> <li>• No internal flow</li> </ul>	<p>Any age:                      If not surgically removed, follow-up yearly to ensure stability</p>	
<p>Hydrosalpinx</p> <ul style="list-style-type: none"> <li>• Tubular shaped cystic mass</li> <li>• +/- Short round projections “beads on a string”</li> <li>• +/- Waist sign (i.e. indentations on opposite sides).</li> <li>• +/- Seen separate from the ovary</li> </ul>	<p>Any age:                      As clinically indicated</p>	
<p>Peritoneal inclusion cyst</p> <ul style="list-style-type: none"> <li>• Follow the contour of adjacent pelvic organs</li> <li>• Ovary at the edge of the mass or suspended within the mass</li> <li>• +/- Septations</li> </ul>	<p>Any age:                      As clinically indicated</p>	

Cysts with indeterminate, but probably benign, characteristics	Follow-Up*	Comments
Findings suggestive of, but not classic for, hemorrhagic cyst, endometrioma or dermoid	 <p>Reproductive age: 6–12 week follow-up to ensure resolution. If the lesion is unchanged, then hemorrhagic cyst is unlikely, and continued follow-up with either ultrasound or MRI should then be considered. If these studies do not confirm an endometrioma or dermoid, then surgical evaluation should be considered.                      Postmenopausal: Consider surgical evaluation</p>	
Thin-walled cyst with single thin septation or focal calcification in the wall of a cyst	 <p>Follow-up based on size and menopause status, same as simple cyst described above</p>	
Multiple thin septations (< 3 mm)	 <p>Consider surgical evaluation</p>	Multiple septations suggest a neoplasm, but if thin, the neoplasm is likely benign
Nodule (non-hyperechoic) without flow	 <p>Consider surgical evaluation or MRI</p>	Solid nodule suggests neoplasm, but if no flow (and not echogenic as would be seen in a dermoid) this is likely a benign lesion such as a cystadenifibroma
Cysts with characteristics worrisome for malignancy	Follow-Up*	Comments
Thick (> 3 mm) irregular septations	 <p>Any age: Consider surgical evaluation</p>	
Nodule with blood flow	 <p>Any age: Consider surgical evaluation</p>	